

# SUMMER 2021 SAFETY & OPERATIONS GUIDE

# YLCC DAY CAMP PARENT GUIDE





## LETTER FROM STU

**Good Day!**

**Thank you for registering your campers with us for the summer of 2021.**

**Although this summer will look very different for us with no overnight campers we are really excited to welcome a STUpendous crew of day campers. Our staff is SO excited to be back at camp. This summer we will be using every safety protocol to ensure that campers and staff are safe and still have fun!**

**My hope is that you will follow all of the guidelines that we put in place and make sure that our campers will be able to safely run the entire summer. These include dropping off campers without parents getting out of the car, ensuring your camper has a mask for indoor activities and being patient with our cohorts. These are based on age and the program they are in. We will do our best to accommodate group requests but keep in mind that the beauty of camp is that your child get to meet NEW people within their small groups.**

**Thanks again, for your support and here's to a great summer. Please note we will be in contact again with you again prior to your campers arrival.**

**In leadership and gratitude,**

**Stu Saunders  
(He/Him/His)  
Founder YLCC Inc.**

## LOCATION



### Contact with Camp

YLCC Main Office, Lake Simcoe Camp and Leadership Training Centre; all year-round

Tel: 705-326-2433

Email: [info@ylcc.com](mailto:info@ylcc.com)

Fax: 705-326-1097

Address:

498 Moon Point Drive, Oro-Medonte, ON L3V 0R8

It is best to call us during regular business hours. Our answering machine is checked frequently, and we will return your calls promptly.

An important part of the camp experience is remaining connected before, during and after the summer. At YLCC, we offer many ways for you to connect with us. We encourage you to take advantage of as many of these opportunities as possible throughout the year.



### Medication

- No medication will be given to your child without your permission. Please do not send any medication other than epi-pens and puffers with your camper.
- Epi-pens and puffers should be secured in a fanny pack for your child to carry during the day.



### Head Lice

YLCC has a nit-free policy. We ask parents to check their camper personally or have them visit their family doctor prior to arrival. If your camper has head lice upon arrival at camp, they will need to return home and are welcome to come back when they and their belongings are nit-free. If a camper is sent home, a pro-rated credit for a session of equal value can be issued for later in the camp season or for the following summer.



### Camp Behaviour

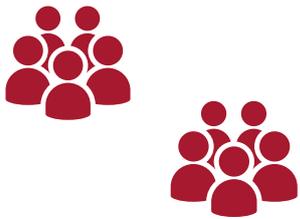
- Each camper must have a desire to be a part of the YLCC Family. At Youth Leadership Camps Canada, we strive to teach each camper valuable skills and leadership qualities. One of them is respect: respect for the camp, nature, yourself, and others. Please come to camp with an open mind and a willingness to learn. It will truly enhance your overall camp experience.
- While camp offers opportunities for close friendships and new group skills, young people can react to these changes in many different ways. At YLCC, it is our goal to provide a safe, comfortable and supportive environment. There will be zero tolerance for bullying of any kind. Please discuss appropriate behaviour expectations with your child prior to arrival.
- Our staff are trained and experienced in providing high quality care for our campers and ensuring that the needs of each individual are met. If a situation arises where a camper threatens the safety or security of another camper, or themselves, we will make every appropriate effort to inform the parent involved, correct the behaviour and provide a positive camp experience for everyone. However, should disruptive behaviour continue, the child may be dismissed from camp at the discretion of the Camp Director. The camp will not provide a refund or be held responsible for any costs associated with a camper's dismissal.

## GROUP SIZE & PHYSICAL DISTANCING



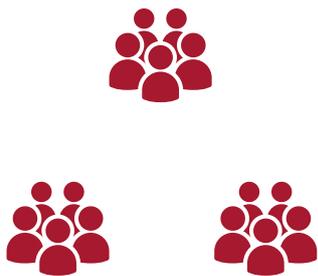
### SMALL STATIC GROUPS OF CAMPERS ('COHORTS')

- The number of campers placed in a group will be limited by the requirements of local public health.
- We will make every effort to honour at least one friend request per camper



### NO CONTACT BETWEEN GROUPS (1 PER ACTIVITY)

- Groups will maintain recommended distance from other groups.
- Campers will remain in their assigned groups for every activity from swimming, ropes, archery, to canoeing.



### ADAPTED CAMP WIDE GATHERINGS

- Camp-wide special events will be restructured to accommodate for physical distancing.
- Camp-wide flagpole programs will only be offered if physical distancing requirements can be met.



### SAFE INTERACTION WITH STAFF

- All staff will adhere to Personal Protective Equipment (PPE) requirements, as directed by public health.
- Counsellors of our youngest campers will be especially trained to assist campers with aspects of our daily routine, such as sunscreen application, packing backpacks and opening lunch containers.

## GROUP SIZE & PHYSICAL DISTANCING

### GROUPS AS COHORTS

Campers will be organized into self-contained groups (otherwise known as 'groups' or 'cohorts') with dedicated staff that stay together all day, every day. Groups will physically distance by not mixing or interacting with any other group during the camp day. Think of it as each group, travelling and experiencing camp together like a family. Change times for swim will be extended as we will be limiting the number of campers changing indoors at any one time. Systems will be implemented to allow for proper indoor spacing when needed. In order to maintain the safety of the group, our ability for individual camper re-assignment once a session has started will not be available. YLCC's capacity will be limited by our responsible decision to reduce the overall number group ('cohorts') in camp to provide a safe, fun and rewarding experience.



## GROUP SIZE & PHYSICAL DISTANCING

### MASKS

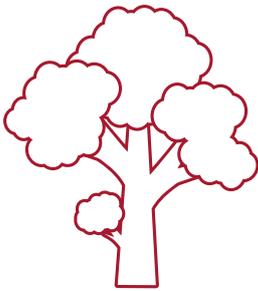
As the safety of our campers and staff is our highest priority, YLCC will responsibly adhere to public health guidelines regarding mask wearing. Our 2021 day camp program is designed to maximize outdoor activities, and will require campers and staff to wear masks when two metres of distance cannot be maintained. Our staff will be trained to ensure that campers will have plenty of opportunities for 'mask breaks' throughout the day (i.e. during activities that ensure two metres distance between campers). In addition, staff will continually assess the impact daily weather conditions have on campers, and implement appropriate 'mask breaks' when needed. As per the public health guidelines, campers are required to wear well-fitted masks (e.g. nonmedical). Families are responsible for providing masks for their campers on a daily basis. We recommend sending your child to camp with additional masks, to facilitate changing as needed (i.e. when soiled, damp or damaged).

We also recommend providing your child with a labelled (first & last name) fanny pack so they can store their masks when they take them off. Our staff will be supplied with required surgical procedure masks as well as eye protection (i.e. goggles). Staff will be properly trained in the requirements of mask-wearing and use of eye protection in our setting. Hand hygiene will be at the forefront of our daily camp routines. As a result, every time your camper takes off and puts back on their mask, our staff will ensure that proper hand washing and sanitizing procedures are in place. While we are so encouraged that COVID-19 case counts continue to improve and vaccination rates increase, we are hopeful that over the course of the summer, mask wearing requirements as mandated by Public Health will adjust accordingly. However, the current reality of COVID-19 variants and their potential to impact our community are reflective in the protocols we must follow.

YLCC is committed to the daily health and safety of your child and we are going to have a ton of fun at the same time.

## PROGRAMS AND ACTIVITIES

YLCC is known for our wide variety of amazing activities infused with leadership lessons, led by a talented group of staff. This is where much of the fun, engagement, friendships, and learning takes place. Our team has been working hard to re-imagine the process and make the experience better than ever. After months on screens, we know that campers are ready to enjoy the outdoors, connect with friends and have some REAL fun!



### OUTDOOR AND OPEN AIR ACTIVITIES

- 60 acres of outdoor space is available.
- Traditional indoor activities will be moved to an open-air environment, or areas that are sheltered and well-ventilated.



### ENHANCED CLEANING AND DISINFECTING PROCEDURES

- Campers and staff must wash/sanitize their hands before & after each activity.
- All used equipment, supplies, and all commonly touched surfaces will be cleaned and disinfected after each activity.



### QUALITY SMALL GROUP INSTRUCTION

- One cabin group will be scheduled at a time at each activity.
- Staff will wear appropriate PPE.



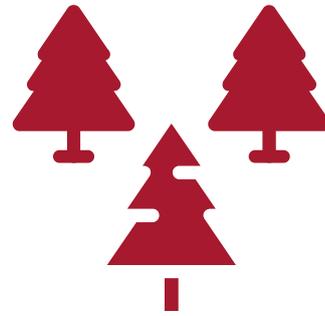
### ADDITIONAL EQUIPMENT AND SUPPLIES TO PREVENT SHARING

- Dedicated supplies will be provided to each cabin group (e.g. common arts & crafts supplies). Additional equipment has been purchased to allow for disinfecting between use by cabin groups.

## FOOD AT CAMP



**Hand-washing  
before and  
after eating**



**Assigned  
Outdoor  
eating areas  
for each group**

### DAILY HOT LUNCH PROGRAM

- **NEW IN 2021 WE WILL BE OFFERING A HOT LUNCH PROGRAM PROVIDED BY OUR CAMP CHEF!**
- You must **PRE-PURCHASE** your camper's lunch program by the Thursday before your camper is attending camp.
- If you would like to order lunch, you must commit to the full week of lunches.
- Lunch per camper is \$35 plus tax, with the structured menu below.
- Sign up for your camper's lunch on your YLCC Online Account



*Skip making  
lunches ALL  
SUMMER!*

### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

**GRILLED  
CHEESE**

**BEEF  
TACOS**

**CHICKEN  
FINGERS  
WITH PLUM SAUCE**

**PIZZADILLA  
CHEESE + TOMATO  
SAUCE**

**HOT  
DOGS  
WITH  
CHIPS**

**ALL MEALS INCLUDE VEGGIES AND FRUIT**

### CAMP TUCK SHOP

- We allow a maximum of one treat per day per camper if you wish for your child to take part. If you wish your child to have extra snacks, please pack them in their lunch bags.
- Tuck can be added onto your account prior to the week your camper is registered.

### WATER AT CAMP

- Keeping our campers hydrated throughout the day is a priority. Public health guidelines recommend that each camper bring their own well-labeled water bottle from home for refilling throughout the day. There will be plenty of water stations around camp.

### FOOD AT CAMP

- Based on public health guidelines, activities incorporating food at camp will be permitted. YLCC will safely follow all regulations related to food distribution and serving . Please note: YLCC is a "nut-aware" setting. Please read product labels and do not send any food which may contain nuts.



## DROP OFF AND PICK UP

### CONTACTLESS PICK-UP AND DROP-OFF PROCEDURE

- Families will be assigned a pick-up and drop-off time to minimize the traffic in and out of camp.
- For those campers who cannot independently remove a seatbelt or car seat buckle, caregivers will be required to assist and wear a mask. Otherwise, caregivers are asked to stay in their vehicles.
- YLCC staff in appropriate PPE will assist campers with exiting and entering the vehicles.



### ON-SITE HEALTH SCREENING

- Prior to exiting the vehicle, campers will be required to submit a daily health screening using our custom screening app
- Campers and staff that do not meet the required health screening qualifications may not attend camp that day



**Prior to your registered week, families will receive an email with a map of camp and the registration process. Camp Programs will begin promptly at 9:00 am and all staff and campers will leave the area for their activities. Day Camp Staff will be around at pick-up to answer any questions you might have.**

- Arrival from 8:30am – 9.00am
- Please do not arrive earlier than 8:30 am - there is no supervision available prior to that time. We ask that all campers eat a good breakfast prior to arrival.
- Departure: 5:00pm – 5.15pm
- Day campers are available for pick up at 5:00 pm and must be picked up by 5:15 pm each day. A fee may be levied for any pick ups after 5:15pm.

## CLEANING AND SANITIZING



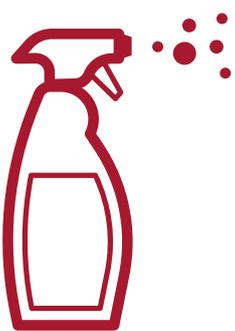
### CLEANING TIMELINES AND SCHEDULES

- Cleaning schedules will be documented and maintained according to public health guidelines.
- Shared facilities and program areas will be cleaned and sanitized between use by different groups ('cohorts').



### MANDATORY HAND-WASHING

- All staff and campers are required to wash and sanitize their hands between activities and before & after lunch.
- Hand-washing and sanitization stations have been added throughout the camp.



### APPROVED COMMERCIAL CLEANERS AND DISINFECTANTS

- Health Canada recommended soaps and sanitizers are readily available throughout camp.
- Health Canada approved, commercial-grade cleaners and disinfectants will be used on all commonly touched surfaces, bathrooms and program areas.

Cleaning removes debris and dirt from a surface. Disinfecting destroys or inactivates both the bacteria and viruses identified on the product's label (like COVID-19) on hard, nonporous surfaces. Disinfecting is one of the most reliable ways to help lower the risk of spreading germs from surfaces by touch. YLCC utilizes disinfectants that are approved by Health Canada to kill viruses on hard surfaces.

## HEALTH POLICIES AT YLCC



### DAILY HEALTH SCREENING

- Campers and staff will utilize our custom screening app
- Camp staff will be trained to monitor and identify illness throughout the camp day, and if necessary, will seek support from their counsellor.



### OPEN COMMUNICATION WITH FAMILIES

- Families will be immediately notified of any positive cases or potential exposure to someone that tests positive for COVID-19.

To ensure the proper care of our campers and staff for both COVID-19 and other health related matters, we have given great consideration to the physical space that YLCC occupies. Anyone with signs or symptoms of COVID-19 will be isolated and caregivers will be called.

**Some of the more commonly reported symptoms that may be of concern and result in campers and staff having to stay home include:**

- Fever and/or chills
- Cough or barking cough (croup)
- Shortness of breath
- Decrease or loss of taste or smell
- Sore throat or difficulty swallowing
- Runny or stuffy/congested nose
- Headache
- Nausea, vomiting and/or diarrhea
- Extreme tiredness or muscle aches
- Pink eye (adults 18+ only)
- Frequent falls (for older adults)

## HEALTH POLICIES AT YLCC

Please read below for the answers to frequently asked questions relating to how we will be managing COVID-19 symptoms at camp this summer:

### **What if a camper or staff does not pass the daily COVID-19 health screening?**

If you are notified that your camper does not pass the daily screening your camper and their siblings are asked to stay home and will be given further instructions as you monitor symptoms on when you need to get a COVID-19 test.

### **What if a camper/staff has or develops COVID-19 symptoms during the camp day?**

Any camper or staff who develops COVID-19 symptoms during the day will be seen and assessed by one of our YLCC staff and sent home from camp. Within an hour of being notified, campers or staff being sent home will have to be picked up from camp, along with their siblings. Camp will provide specific instructions regarding our safe pick-up procedure. While awaiting pick-up, campers and staff (including their siblings) will be supervised by a member of our YLCC team in a designated isolation area.

Once picked up from camp, the camper or staff member will then be required to get a COVID-19 PCR test and, as per public health guidance, all members of the household will be required to self-isolate until a negative test result is received. If a COVID-19 symptomatic camper or staff chooses not to get the COVID-19 PCR test, then they, along with their household, will have to self-isolate for 10-14 days or as directed by local public health.

## HEALTH POLICIES AT YLCC

Please read below for the answers to frequently asked questions relating to how we will be managing COVID-19 symptoms at camp this summer:

### **What if a camper or staff does not pass the daily COVID-19 health screening?**

- If a camper or staff member tests positive for COVID-19: Camp must be notified and the household must isolate. The camp will consult with Simcoe Muskoka Public Health to determine who in our camp population should be notified and who needs to begin out-of-camp isolation. Public health will also determine the exact return to camp date for campers or staff. If the camper or staff lives within another public health unit they will also be required to obtain and follow direction from the local public health unit where they live.
- If a member of your household tests positive OR is identified as a close contact to someone who has tested positive for COVID-19: In this case, the camper or staff would be considered a close contact. The camper or staff will be required to isolate and obtain a COVID-19 PCR test. Simcoe Muskoka Public Health or the public health unit where the positive case has been identified will intervene. While waiting for direction from public health you should monitor for symptoms of COVID-19. Each case is unique, our YLCC staff will work with you and public health to determine the next steps.

If YLCC is informed of a positive case of COVID-19 within our camp community: Camp is required to notify Simcoe Muskoka Public Health. We will assist public health with contact tracing and follow their guidance. Simcoe Muskoka Public Health will determine who in our camp population should be notified and who needs to begin out-of-camp isolation.

**Rest assured, that in all matters related to COVID-19,  
we are committed to maintaining confidentiality.**

## HEALTH POLICIES AT YLCC

It has always been our goal to partner and work together with you to determine if our summer program is the most suitable for your child. When you choose to enroll your child at YLCC, you are reserving space, time, supplies and staffing. In many ways, the commitments we make to site preparation, camp equipment, health and safety supplies, and personnel are in place by June 1st. So in many ways, camp really starts weeks before our first campers arrive. Once camp begins, it is our policy that no refunds or credits will be given for any incidental absences or missed days.

However, in the event that a camper is required to stay home from camp due to COVID-19 public health directives, the following policy will be in place:

Camp days missed due to COVID-19 public health directives	Camp Fee Credit or Refund*
First 4 Days Absent	Non-Refundable
Additional Days Absent	Families may select from... A) Credit 100% of prorated daily fee or B) Refund 50% of prorated daily fee

**\*All credits and refunds apply to full-day absences and will be calculated and issued in September based on your family's rate.**

## PACKING LIST

YLCC is not responsible for loss or damage to personal property. If necessary, we can secure your valuables in the camp office however, we recommend that you keep them safely at home.

**Please note ALL items must be labeled with your camper's first and last name.**

### Mandatory

- nut-free lunch in a cooler bag (**unless you have pre-ordered a YLCC lunch for the week**)
- comfortable, weather appropriate clothing (t- shirt/shorts/socks)
- reusable water bottle
- sun hat/ sunscreen
- bathing suit
- towel
- running shoes with closed toes and heels
- mask that will cover both chin to nose and fits your camper comfortably
- mask case: we recommend either a small pencil case or fanny pack that your camper can store their mask in safely while they are not wearing it. **Please note if you do not provide this, you will have to buy one from the YLCC Tuck Shop.**

### Packing List Extras

#### Just-in-Case Bag

In addition to the items on the packing list, the following items should be packed into a cloth bag to stay at camp all week in each camper's cabin:

- t-shirt and shorts
- bathing suit
- underwear
- socks
- 1 pair of running shoes (not needed if your child wears running shoes every day.)
- rain boots and rain coat
- extra mask

#### Prohibited

- chewing gum
- outside food and candy
- weapons including knives, hatchets
- illegal substances
- matches
- cell phones
- electronic games
- pocket knives

Campers found with these items will be asked to hand them into the Camp Office. Upon discretion of the Camp Director, a camper may be discharged without warning. YLCC is not responsible for any costs incurred due to discharge – no refunds will be granted.

## PACKING GUIDE



### Lunch Bag

- We don't have facilities to keep lunches and drinks cold. If possible, pack your camper's lunch in an insulated cooler bag with an ice pack. Your camper will appreciate it if you freeze one drink box – it will be cold and refreshing in the afternoon.
- We have a very active schedule and we want our campers to be properly fueled – please pack more food along with snacks and drinks than in an average school-day lunch.



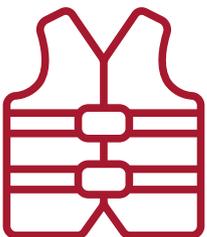
### Sunscreen/Bug Lotion

- Please apply and pack your own sunscreen and bug spray; YLCC has limited supplies in case you forget.
- If your child has allergies to specific products, please inform the Day Camp Director upon arrival on the first day.



### Footwear/Swimwear

- A day at YLCC is active and we want your camper to be safe and comfortable. We recommend good quality running shoes every day. Sandals with back straps are acceptable but running shoes are necessary for the ropes course. Our lakeshore is soft and sandy but pack water shoes if your camper would prefer to wear these in the lake.
- If your child requires ear plugs and/or goggles for swimming, please label these items and include these with your child's towel.



### Lifejacket – Personal Flotation Device (PFD)

- It is mandatory that all campers wear a lifejacket during all watercraft activities. Please send your camper with a government-approved PFD that fits properly. Please label the lifejacket clearly.



### Masks

- It is mandatory that all campers bring a mask with them to camp as well as a cloth holder for the mask, we recommend a pencil case or fanny pack.

Rules and Regulations are subject to change based on recommendations of Public Health. All caregivers are required to fill out and sign the YLCC Health Form prior to arrival. The health form will be available online July 1.